

## Barramundi

Barramundi features pearly pink flesh when raw, turning white upon cooking. This fish boasts a firm, moist texture and large flakes, prized for its sweet, buttery flavor.

Smaller barramundi offer a milder taste compared to larger ones. Additionally, the fish contains few bones, which are large and easily removed.



### Product Details

<b>Pack Size</b>	Various
<b>Cooking Methods</b>	Bake, Broil, Fry, Grill, Poach, Sauté
<b>Texture</b>	Firm
<b>Flavor</b>	Mild
<b>Availability</b>	January - December
<b>Scientific Name</b>	<i>Lates calcarifer</i>
<b>Website</b>	<a href="https://bit.ly/3RjhcRE">https://bit.ly/3RjhcRE</a>
<b>Location</b>	Australia, Indonesia, Malaysia, Taiwan, Thailand, United States