

Blue Mussels

Blue mussels have a distinctive rich, sweet taste, like a blend of oysters and clams. Mussels should look and smell fresh and have tightly closed shells. Mussel meats, which range from white to orange, are plump and tender, but less soft than clams. Color doesn't indicate quality. Females tend to be orange when ripe.



Product Details

Pack Size	Various
Cooking Methods	Broil, Sauté, Smoke, Steam
Availability	January - December
Scientific Name	Mytilus edulis
Location	Prince Edward Island (Canada)