

Bream/Dorade

The rosy-colored raw meat turns white when cooked. Bream’s moist flesh has a rich, sweet flavor. The texture is firm but tender.



Product Details

Pack Size	Various
Cooking Methods	Bake, Broil, Grill, Poach, Sauté
Texture	Medium
Flavor	Moderate
Availability	January - December
Scientific Name	Sparus auratus
Location	Cyprus, France, Greece, Iceland, Israel , Italy, Spain , Turkey