

Cod-Pacific

Raw Pacific cod is opaque, creamy white. Cooked meat is white, tender-firm, lean and flaky, with a mild taste. The moisture content is a little higher than that of Atlantic cod, making it less firm.



Product Details

Pack Size	Various
Cooking Methods	Bake, Broil, Fry, Sauté, Steam
Texture	Medium
Flavor	Mild
Availability	January - December
Scientific Name	<i>Gadus macrocephalus</i>
Location	United States