

## Lobster-American

Lobster meat is mild and sweet in flavor. The texture is firm and somewhat fibrous; tail meat is firmer than that in the claws. Live lobsters range in color from brownish rust to bright blue to greenish brown. All lobster shells turn bright red when cooked. The meat is white with red tinges. Live lobsters should be active, and their tails should curl, not dangle, beneath them.



### Product Details

<b>Pack Size</b>	Various
<b>Cooking Methods</b>	Bake, Boil, Grill, Steam
<b>Texture</b>	Firm
<b>Flavor</b>	Mild
<b>Availability</b>	January - December
<b>Scientific Name</b>	<i>Homarus americanus</i>
<b>Location</b>	Canada, United States