

Petite Crimson Lentils

Petite Crimson Lentils are shelled, lens-shaped legumes that are known for their quick-cooking nature and high protein content. In addition to high protein and fiber content, the lentil is also packed with iron, zinc, potassium and magnesium. Eating lentils and other pulses may help reduce the risk of heart disease, diabetes and some cancers. They are also an excellent source of folate, which is especially important during pregnancy to help prevent birth defects.



Product Details

Item	352322
Brand	DG
Sold By	CS
Pack Qty	1
Pack Size	10 LB
Case GTIN/EAN/UPC	687080004151
Unit UPC	N/A
Country of Origin	Canada
Shelf Life from Production	36 months
Storage	Dry
Kosher	Yes
Gross Case Weight	10.5 LB
Ingredients	Lentils.

