

## Petite Crimson Lentils

Petite Crimson Lentils are shelled, lens-shaped legumes that are known for their quick-cooking nature and high protein content. In addition to high protein and fiber content, the lentil is also packed with iron, zinc, potassium and magnesium. Eating lentils and other pulses may help reduce the risk of heart disease, diabetes and some cancers. They are also an excellent source of folate, which is especially important during pregnancy to help prevent birth defects.



### Product Details

<b>Item</b>	352322
<b>Brand</b>	DG
<b>Sold By</b>	CS
<b>Pack Qty</b>	1
<b>Pack Size</b>	10 LB
<b>Case GTIN/EAN/UPC</b>	687080004151
<b>Unit UPC</b>	N/A
<b>Country of Origin</b>	Canada
<b>Shelf Life from Production</b>	36 months
<b>Storage</b>	Dry
<b>Kosher</b>	Yes
<b>Gross Case Weight</b>	10.5 LB
<b>Ingredients</b>	Lentils.

