

Rustichella d’Abruzzo Farro Spaghetti

Made with just farro flour and water, this spaghetti has a rich and nutty flavor with hearty toothsome texture. The nutritional virtues of farro have long been revered in Italy. Farro is rich in fiber, magnesium and vitamins A, B, C and E. High in protein and low in gluten, Rustichella d’Abruzzo farro pasta is easy to digest and when combined with legumes, it forms a complete source of protein. Farro spaghetti is fantastic with sautéed greens, mushrooms or even just a simple tomato sauce.



Product Details

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| Item | 580326 |
| Brand | Rustichella d’Abruzzo |
| Sold By | CS |
| Pack Qty | 12 |
| Pack Size | 1.1 LB |
| Case GTIN/EAN/UPC | 793232114200 |
| Unit UPC | 793232114200 |
| Country of Origin | Italy |
| Shelf Life from Production | 36 months |
| Storage | Dry |
| Kosher | Yes |
| Gross Case Weight | 15 LB |
| Ingredients | Farro (Triticum dicoccum), water. |

