

Rustichella d'Abruzzo Farro Spaghetti

Made with just farro flour and water, this spaghetti has a rich and nutty flavor with hearty toothsome texture. The nutritional virtues of farro have long been revered in Italy. Farro is rich in fiber, magnesium and vitamins A, B, C and E. High in protein and low in gluten, Rustichella d'Abruzzo farro pasta is easy to digest and when combined with legumes, it forms a complete source of protein. Farro spaghetti is fantastic with sautéed greens, mushrooms or even just a simple tomato sauce.



Product Details

Item	580326
Brand	Rustichella d'Abruzzo
Sold By	CS
Pack Qty	12
Pack Size	1.1 LB
Case GTIN/EAN/UPC	793232114200
Unit UPC	793232114200
Country of Origin	Italy
Shelf Life from Production	36 months
Storage	Dry
Kosher	Yes
Gross Case Weight	15 LB
Ingredients	Farro (Triticum dicoccum), water.

