

## Skate

Skate has a mildly pronounced flavor similar to scallops. The flesh is soft but firms up after it has been chilled. Raw meat has a slightly off-white, sometimes pinkish, color and cooks up off-white. The meat of the wings, the only edible parts, has a striated, open-fan configuration. Because of the wing structure, skate has a stringy texture. Each wing produces two fillets — one from the upper side and one from the lower.



### Product Details

<b>Pack Size</b>	Various
<b>Cooking Methods</b>	Bake, Fry, Poach, Sauté
<b>Texture</b>	Medium/Firm
<b>Flavor</b>	Mild/Moderate
<b>Availability</b>	January - December
<b>Scientific Name</b>	Raja spp.
<b>Location</b>	Canada, United States