

## Skate

Skate has a mildly pronounced flavor similar to scallops. The flesh is soft but firms up after it has been chilled. Raw meat has a slightly off-white, sometimes pinkish, color and cooks up off-white. The meat of the wings, the only edible parts, has a striated, open-fan configuration. Because of the wing structure, skate has a stringy texture. Each wing produces two fillets — one from the upper side and one from the lower.



### Product Details

Pack Size	Various
Cooking Methods	Bake, Fry, Poach, Sauté
Texture	Medium/Firm
Flavor	Mild/Moderate
Availability	January - December
Scientific Name	Raja spp.
Location	Canada, United States