

## Tilefish

This species is sometimes called the rainbow tilefish for its lovely blue, green, rose and yellow coloration. Out of the water, the colors fade. Tilefish yield thick fillets with a row of pin bones. The raw meat is pinkish-white but cooks up white with a firm, flaky texture. The flavor is mild but distinctive, often compared to lobster or crab, which is not surprising, since the tilefish's diet is largely crustaceans.

### Product Details

<b>Pack Size</b>	Various
<b>Cooking Methods</b>	Bake, Broil, Fry, Poach, Sauté
<b>Texture</b>	Medium
<b>Flavor</b>	Mild
<b>Availability</b>	January - December
<b>Scientific Name</b>	Lopholatilus chamaeleonticeps
<b>Location</b>	United States



**Image  
Coming  
Soon**