

## Triggerfish

Triggerfish meat is clean and white and features a sweet flavor when it is cooked. It's quite different from other seafood and is excellent for people who do not typically enjoy eating fish. It is a great fish to try if you are a fan of crab or Grouper.

### Product Details

<b>Pack Size</b>	Various
<b>Cooking Methods</b>	Bake, Broil, Fry, Grill
<b>Texture</b>	Medium
<b>Flavor</b>	Mild
<b>Availability</b>	January - December
<b>Scientific Name</b>	Balistidae
<b>Location</b>	United States, Mexico

